The U.S. Department of State and the U.S. Citizenship and Immigration Service require that all J-1 Trainees/Interns have their DS-2019 forms validated for travel taking place outside of the United States.

The travel validation is good for one year from the date of your J-1 visa program sponsor’s signature and should be carried with your passport when you travel. The validation on the DS-2019 form will allow you to re-enter the U.S. in valid J-1 status. **YOU WILL NOT BE ALLOWED TO RE-ENTER IF YOUR J-1 VISA HAS EXPIRED.**

Please fill out the form below, submit it to your Host Organization supervisor for approval, and send it to the American Immigration Council with your original DS-2019 form.

**EXCHANGE VISITOR INFORMATION**

Name_______________________________________________J-1 Visa Expiration Date_______________

Dates of Travel__________________________________________________________________________

Purpose of Travel________________________________________________________________________

Email Address (where DS-2019 should be returned)
______________________________________________________________________________________

**HOST ORGANIZATION SUPERVISOR INFORMATION**

Name_________________________________________Signature________________________________

Company______________________________________________________________________________

I am the supervisor of the J-1 Exchange Visitor. I am aware that he/she/they will be traveling on the dates listed above and I approve this trip.

Please send the **original copy of your DS-2019 with this cover sheet** via email to your J-1 case manager. This should be sent at least 2 weeks in advance of your trip.